

ABSTRACT

An agent for dissolving dental calculus and/or dental caries, which comprises one or more kinds of substances selected from the group consisting of inositol phosphoric acid esters (e.g., phytic acid), polyphenols (e.g., *Perilla frutescens* var. *crispa flutescen purpurea* polyphenols), phosphoric acids, edetic acid salts, tartaric acid, malic acid, citric acid, and glycolic acid as an active ingredient. Dental calculus and/or dental caries can be conveniently dissolved in a short period of time.